

TO ALL AYSO COACHES, DIVISION DIRECTORS, AND REFEREES:

AYSO Specific Rules by Division											
Division	Half Duration	Stop Time at Quarter Break?	Ball Size	# Players on Field	Keeper	Forfeit if Less than ___ Players	Warnings on Throw-ins?	Penalty Kicks?	Offsides	Cards?	Coaches on Field (max # from each team)
U5	10	Yes	3	3	No						
U6	10	Yes	3	3	No	N/A	Yes, unlimited	No	No	No	Yes (2)
U7	20	Yes	3	5	Yes	N/A	Yes, one warning	No	No	In extreme situations (fight)	Yes (2)
U8	20	Yes	3	5	Yes	N/A	Yes, one warning	No	No	In extreme situations (fight)	Yes (1)
U10	25	No	4	7	Yes	5	No	Yes	Yes	With Initial Warning	No
U12	30	No	4	9	Yes	6	No	Yes	Yes	With Initial Warning	No
U14	35	No	5	11	Yes	8	No	Yes	Yes	Yes	No
U16C	40	No	5	11	Yes	8	No	Yes	Yes	Yes	No

* Varies from year to year

Rule Applicable to All Divisions

Corner kicks taken from corner.

Teams can play 2-up (however go to even if get ahead by more than 2 goals).

Never want more than 4-goal maximum score differential

Discourage "Heading" until U12 or older

Discourage slide tackles until U10 or older